



Replacing Your Dentures

Dr. Marc Asmar, of *Advantage Dental Arts*, says that in order to maintain a healthy smile, your dentures may need to be replaced. Here's how to know if it's time for a new smile.

by Patricia Nugent
Contributing Writer

Oprah Winfrey once said that your most important facial feature is your teeth.

Dr. Marc Asmar, owner of Advantage Dental Arts, in Olmsted Township, couldn't agree more.

"Like it or not, people are staring at your teeth every day. And if they are unattractive and unhealthy, that can be very distracting," he says. "Rejuvenating your smile can give you a new outlook on life."



Dr. Marc Asmar, of Advantage Dental Arts, has been transforming smiles from his cozy Olmsted Township office for the past 18 years. Visit his Smile Gallery at www.OlmstedDentist.com.

Ever on the leading edge of advances in dentistry, Dr. Asmar offers a host of new procedures to perfect this easily perfectable feature.

Two of the fastest growing segments of his practice are custom-fit dentures and dental implants. Dr. Asmar reports that dentures should be replaced every seven to 10 years, and that sometimes people just let them go too long.

"Replacing old dentures with new ones provides life-changing results on several fronts," he says. "Not only does it give the person a beautiful new smile of their own choosing, but with secure dentures in place, people can eat anything they want. The

number one complaint of denture wearers is that the dentures move when they chew. So, over time, as the dentures age, patients move to a diet of soft foods. That diet is often high in calories and lacking in the essential vitamins and minerals people need."

Dr. Asmar says that with secure new dentures in place, patients can eat anything they want, from steak to broccoli to corn on the cob.

Another plus of properly fit dentures is that patients can avoid developing a "witchy" chin that juts out because of bone density loss and a forward shift in the jaw.

"In many cases, I attach dentures with a dental implant for the best fit and security," he says. "The photos that accompany this story are of Tim. For the best placement, first I assessed the bone's density, quantity and quality. I extracted his old teeth that needed to go and was able to custom fit his new smile."

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According to Tim, "I don't know why I put this off for so long. Maybe I thought pulling the bad teeth would be painful, but it wasn't at all. Over the years I started smiling less and showing less and less teeth.

Now I've got a lot more to smile about. The whole experience was a pleasant one, as was getting to know Dr. Asmar and his friendly staff."

Patients who hate going to the dentist are a pretty common occurrence, Dr. Asmar notes, that's why he says one of his favorite parts of the job is when patients say how much they love coming to see him.

"In addition to making them look so much better, it's important to me to also make them feel better," he smiles.

For a peek at some of Dr. Asmar's other real life success stories, visit www.OlmstedDentist.com and tour "The Smile Gallery" and "Case of the Month."

In addition to dentures and dental implants, Dr. Asmar also specializes in teeth whitening, with an instant in-office Boost laser treatment and a take-home treatment, as well as Invisalign clear braces to move and improve teeth and bite.

The results aren't the only pleasant part of a patient's experience with Advantage Dental Arts. Dr. Asmar and his outgoing staff of dental technicians have created an office atmosphere that is private and

homey. Even the dental equipment is surrounded by "operatories," or stations that are cloaked in dark mahogany.

A deep plum and gold color scheme and ultra comfy suede couches meet you when you enter the office. The walls are plastered with 27 friendly photos of Dr. Asmar's smiling patients, and he'd like to add your face sometime soon.

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Dr. Marc Asmar's Advantage Dental Arts has been located at 26924 Cook Road in Olmsted Township for the past 17 years. Office hours are by appointment and include evenings and weekends when needed. To schedule, call 440-235-1180. For more information, visit www.OlmstedDentist.com. The office is welcoming new patients of all ages.



BEFORE



AFTER

Tim's appearance has drastically improved thanks to the new set of dentures provided by Dr. Asmar.